

Start a career in sleep medicine

Become a sleep technologist through the Accredited Sleep Technologist Education Program (A-STEP) available at The Colorado Sleep Institute in a complete 80-Hour Introductory Course.



Starting Your Journey: A-STEP at a Time

Guided by the AASM's Accredited Sleep Technologist Education Program (A-STEP), Pioneers Medical Center is excited to offer a nationally recognized alternative education program for those looking to start and accelerate a career in the field of sleep technology.

The Introductory Course offered at PMC is taught over 80-hours of instruction time and is concluded by a final exam with 106 multiple choice questions. By completing A-STEP, you set yourself up for success in credentialing as a Certified Polysomnographic Technician (CPSGT).

The Focused Training Pathway



Congratulations on Starting the Journey!

We're thrilled that you've chosen to start your career as a sleep technologist and choosing Pioneers as your training provider as you navigate the Focused Training pathway. Upon completion of the course, you will be able to monitor, perform, and execute sleep studies. After your exam, you will receive access to the

self-study modules for three years as you begin your career and if you decide to pursue certification.

Your instructor at Pioneers will provide more information about how to access the materials and final exam once your course has begun.

